

# FRESH FOOD MENU

*Our food is fresh and healthy using only the finest local ingredients.*

## SANDWICHES / WRAPS

Using all your favourite ingredients

- Chicken salad 3.95
- Ham salad 3.95
- Cheese salad (v) 2.95
- Egg mayo 2.95
- Tuna mayo 3.95
- Chicken club 4.35
- BLT 3.85

## PANINIS

- Crispy bacon or butchers sausage 3.75
- Classic ham + cheese 3.95
- Tuna melt 3.95
- Chicken + bacon 4.50
- Chicken + cheese + pesto 4.50
- Cheese + tomato (v) 3.95

## TOASTIES

- Cheese + tomato (v) 3.55
- Cheese + onion (v) 3.55
- Cheese + ham 3.55

## HEALTHY SNACK POTS

- Veggie sticks + hummus 2.50
- Fresh fruit salad 2.50
- Boiled egg + spinach 2.50
- Spicy chicken + couscous 2.50
- Pasta salad 2.50

## FRESH SALAD POTS

- Chicken + bacon caesar 4.75
- Tuna + sweetcorn + mayo 4.50
- Ham + egg + cheese 4.50

## KIDS LUNCH BOXES

**Choose 5 items** 3.95

- Fresh sandwich or pasta snack pot
- Veggie sticks + hummus
- BabyBel or cheddar cheese stick
- Mini muffin
- Yoghurt pot
- Pom Bear Crisps or Kids Propercorn
- Kids soft drink choices: Juicy water / mini milk shake / Ribena mini

## ★ MEAL DEALS ★

- **Breakfast special** (served until 12 noon) 4.50  
Bacon or sausage sandwich / toastie + any hot beverage
- **Afternoon treat** 3.95  
Any cake / tray bake / muffin / toasted tea cake + any hot beverage

- **Panini or wrap meal** 6.50  
Any panini / wrap + tray bake + any hot beverage
- **Salad lunch deal** 7.95  
Any salad + snack pot + any hot beverage